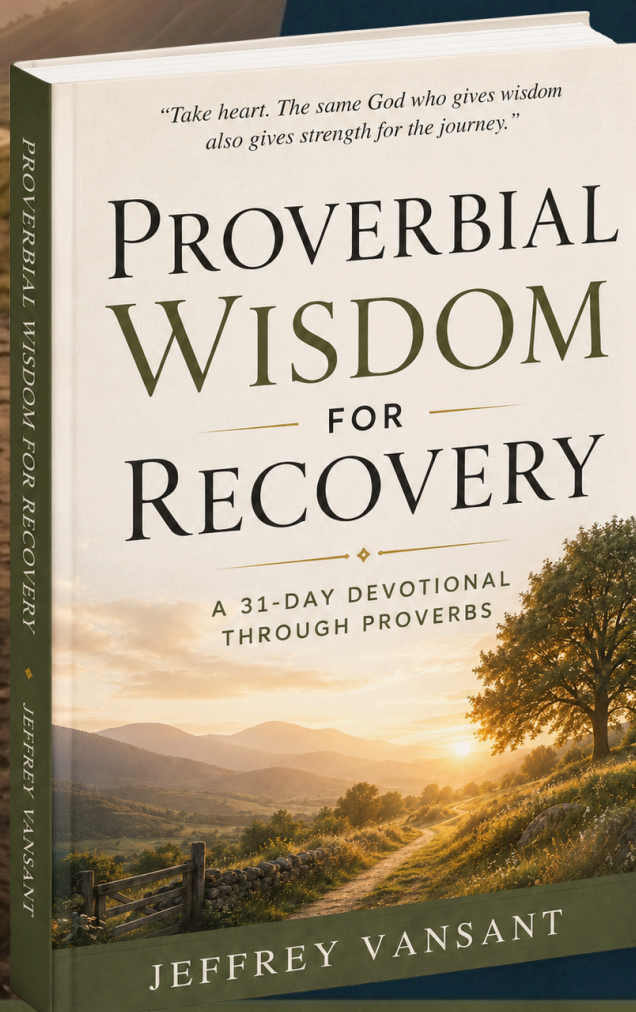


MEDIA KIT

PROVERBIAL WISDOM FOR RECOVERY

A 31-DAY DEVOTIONAL
THROUGH PROVERBS



JEFFREY VANSANT

ABOUT THE AUTHOR

*"Practical, biblical wisdom
for the journey of restoration."*

Jeffrey Vansant is from West Palm Beach, Florida, and is the author of *Proverbial Wisdom for Singles* and *Proverbial Wisdom for Recovery*, the first two books in his growing *Proverbial Wisdom* series. Through his writing, Jeffrey shares practical, faith-centered wisdom designed to meet readers in real-life seasons of growth, healing, reflection, and personal transformation.

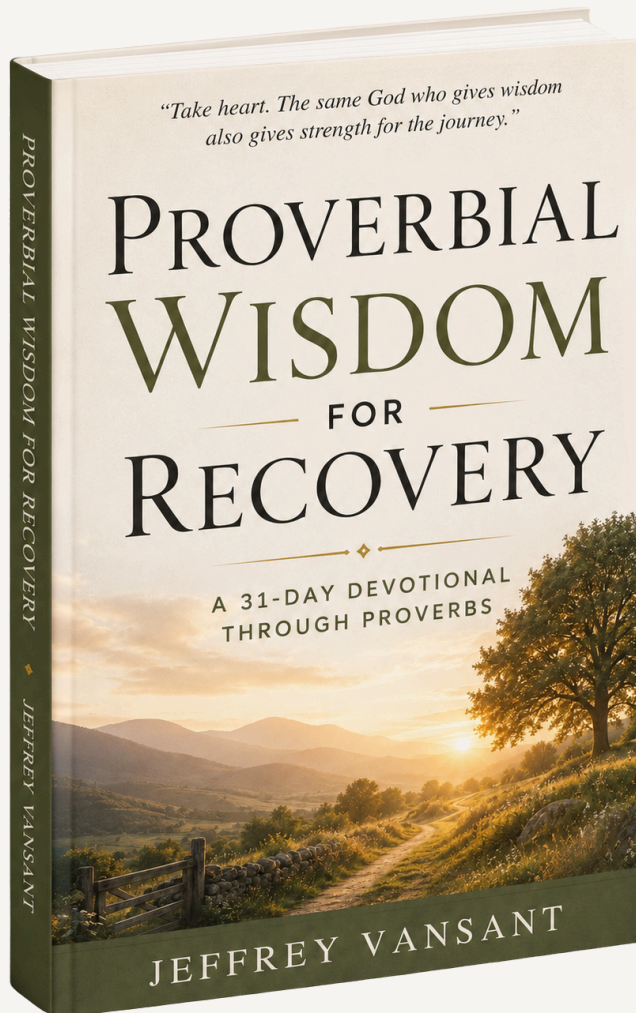
His work is rooted in a desire to point people back to biblical truth and help them apply God's Word to everyday life.

Outside of writing, Jeffrey enjoys studying the Word, attending Bible studies, playing video games, spending time near the water, and bike riding.



WISDOM. RECOVERY. FAITH. RESTORATION. HOPE.

BOOK INFORMATION



TITLE

Proverbial Wisdom for Recovery



AUTHOR

Jeffrey Vansant



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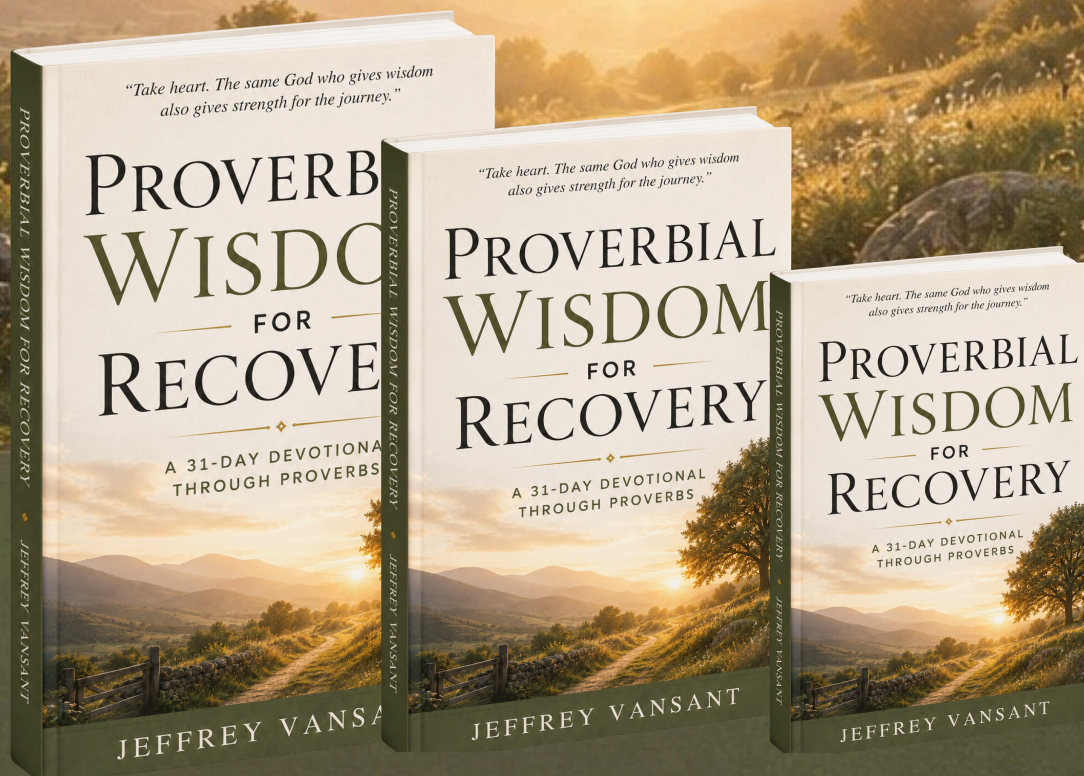
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ABOUT THE BOOK

*A 31-day devotional that speaks truth,
brings hope, and offers practical
wisdom from Proverbs for anyone
walking the road recovery.*

Proverbial Wisdom for Recovery brings the timeless wisdom of Proverbs into the everyday realities of recovery. With a clear, faith-centered voice, Jeffrey Vansant addresses addiction, trauma, hurts, habits, and hang-ups, reminding readers that healing is not a quick fix. But a daily walk of honesty, surrender, accountability, and growth.

Each chapter pairs focused reflection with personal evaluation questions - helping readers seek godly counsel, resist temptation, receive correction, and build healthier patterns. Rooted in Scripture and centered on Christ, this devotional is well suited for personal devotion, journaling, recovery groups, church ministries, and small groups.



INTERVIEW

QUESTIONS

1. What inspired you to write *Proverbial Wisdom for Recovery*?
2. Why did you choose the book of Proverbs as the foundation for a recovery-focused devotional?
3. How would you describe the heart and purpose of this book to someone hearing about it for the first time?
4. In the book, you speak to addiction, trauma, hurts, habits, and hang-ups. Why was it important for you to address recovery in a broader way?
5. What role has faith played in your understanding of recovery and healing?
6. Why do you believe biblical wisdom is so important for people walking through recovery?
7. The book often points readers back to Jesus as the foundation for lasting change. Why is that central to your message?
8. Each chapter includes personal evaluation questions. Why did you include that reflective component?
9. What would you say to someone who feels ashamed, isolated, or discouraged because of their past struggles?
10. How can readers use this book in their personal devotional time, recovery groups, church ministries, or small groups?
11. The book addresses topics such as honesty, discipline, temptation, pride, correction, and commitment. Why are these areas so important in recovery?
12. How can churches and faith communities better support people who are walking through addiction, trauma, or recovery?
13. What encouragement would you give to someone who has relapsed or feels like they have failed in their recovery journey?
14. If readers remember one message from *Proverbial Wisdom for Recovery*, what do you hope it is?

*Encouragement without exaggeration.
Conviction without condemnation.*

CONNECT WITH JEFFREY

Jeffrey is available for interviews,
podcasts, speaking engagements,
conferences, workshops, and
recovery groups.

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Learn More About
Jeffrey Vansant



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PROVERBIAL WISDOM FOR RECOVERY