

MEDIA KIT



**JENISE
GREENE**

AUTHOR | COUNSELOR | ENTREPRENEUR



ABOUT JENISE

Jenise Greene is an Elementary School Counselor with more than 23 years of experience helping children grow, learn, and believe in themselves. She earned her B.A. in Early Childhood Education from Morris Brown College, her M.A. in Professional Counseling from Argosy University, and her School Counselor certification from the University of West Georgia.

Jenise is a Licensed Professional Counselor, National Board-Certified Counselor, Certified Anger Management Specialist, and Play Therapist. Her passion for empowering young girls inspired her to create Girls with Pearls, a mentorship program focused on perseverance, encouragement, awareness, respect, leadership, and scholarship.

In 2022, she founded Aspiring Mindz Counseling, LLC, a private practice dedicated to supporting children, teens, and families through counseling, coping skills, and emotional wellness tools.

Jenise is also a devoted wife and mother of four boys. She believes every child has the power to be brave, kind, and confident - and she hopes Gracie's story helps little readers discover the courage inside themselves.

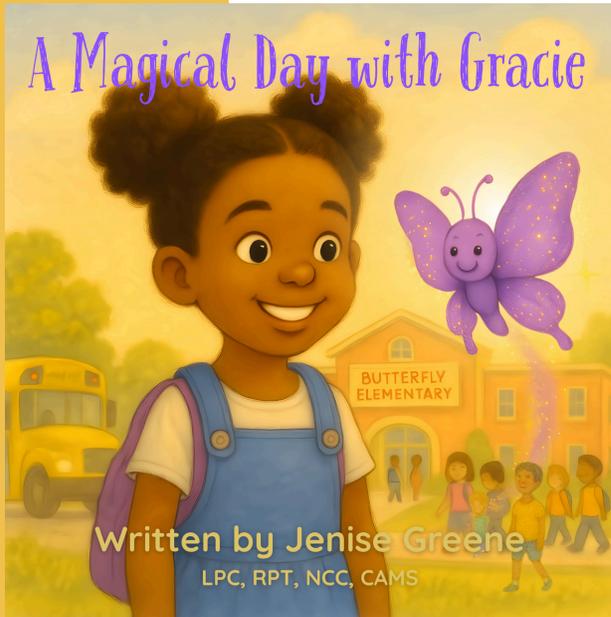
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Children don't need to stop feeling nervous to be brave; they need tools that help them move through those feelings safely.

SHORT BIO

Jenise Greene is a Licensed Professional Counselor, National Board-Certified Counselor, Certified Anger Management Specialist, and Play Therapist. As CEO of AspiringMindz, she helps children and families navigate emotional challenges with compassion and practical tools. Her mission as a children's book author is to give young readers the same coping skills she teaches in the therapy room - through warm, imaginative storytelling.

A Magical Day with Gracie



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Emotional wellness doesn't start in adulthood - it starts in childhood, one conversation and one story at a time.

BOOK SUMMARY

A Magical Day with Gracie is a heartwarming children's book designed to help young readers navigate worry, fear, and new experiences with courage and calm.

On her first day at a new school, Gracie's tummy is full of butterflies. Everything feels unfamiliar - the classroom, the faces, even the big yellow bus. When her worries begin to take over, Gracie meets Luna, a gentle and sparkly butterfly who teaches her simple, age-appropriate coping strategies like breathing, positive self-talk, and taking one small step at a time.

Written by Licensed Professional Counselor and Play Therapist Jenise Greene, the story weaves therapeutic tools seamlessly into an engaging, relatable narrative children can understand and apply. Rather than eliminating fear, *A Magical Day with Gracie* normalizes it - showing children that bravery doesn't mean never feeling scared, but learning how to move forward even when the butterflies are still there.

With soft watercolor illustrations and a comforting tone, this book supports social-emotional learning and emotional literacy for children ages 4–8. It is an ideal resource for parents, educators, counselors, libraries, and classrooms seeking gentle, effective ways to introduce emotional wellness early.

INTERVIEW QUESTIONS

1. What inspired you to write *A Magical Day with Gracie*?

2. Why is it important for children to learn coping skills at an early age?

3. How does anxiety typically show up in young children?

4. What coping strategies does the book introduce?

5. Who is Luna the butterfly, and what does she represent?

6. How can parents use this book at home beyond reading it?

7. Why is social-emotional learning so critical in early childhood?

8. How can educators or counselors use this book in classrooms or sessions?

9. What message do you hope children take away from Gracie's story?

10. What's next for you as an author and mental health professional?

11. How does your background as a Licensed Professional Counselor influence the way you write for children?

12. How can storytelling help children process emotions differently than direct instruction?

13. What feedback have you received from parents, educators, or counselors since the book's release?

14. Why is it important for children to know that feeling scared doesn't mean they aren't brave?

15. What impact do you hope *A Magical Day with Gracie* will have on children and families long term?

“Stories give children permission to feel what they feel and the language to understand it.”

QUICK FACTS

Full Title: A Magical Day with Gracie

Publisher: Because There's More Publishing LLC

Formats: eBook, Paperback, Hardcover

Available for Purchase: Amazon, Barnes & Noble, Books-A-Million, and other retailers

Key Selling Points:

- Written by a licensed mental health professional
- Teaches evidence-based coping strategies
- Addresses childhood anxiety - an increasingly relevant topic
- Inclusive, diverse characters children can connect to
- Ideal for school counselors, teachers, and SEL programs
- Gentle, soothing art style perfect for bedtime or classroom reading



Jenise

PRAISE FOR BOOK

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We absolutely love *A Magical Day with Gracie*. The story gives very realistic scenarios that young students face every day and the strategies of how to deal with those big feelings. I'm very excited to have a tool on our family bookshelf to help my little one when she is anxious about trying something new.

Sunny Wright

Get in Touch!

Please feel free to reach out for any questions.

☎ 470-682-3132

🌐 Author's Webpage
becausetheresmorepublishing.com

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